

Cary Presbyterian
C H U R C H PC(USA)



Saturday, November 2

**Spreading Christ's love
throughout our community...together!**

Sponsored by CPC Deacons and Mission Team
For more information, please contact Deacon Todd Crouse
at crousetrc@gmail.com.

Be The Hands is a day of work, fun and fellowship for all ages.

**Here's how you, your family,
your neighbors and friends can take part!**

Donate: Take a "leaf" from the Donation Tree located in the Narthex and buy/collect items to package for helping agencies in our community and beyond. Items may include personal care/ hygiene items, hurricane relief supplies, non-perishable snacks, school supplies, and more.

Participate in one of more than 10 separate **Be The Hands** projects throughout the community, including yardwork, meal preparation, friendly visits to area senior-living centers, car inspections, food collections, painting, kit assembly, card-writing and more.

Pray: Be The Hands day kicks off with a 8:30 a.m. Service of Blessing and hymns. Come and join hands together as we ask for God's strength and guidance for the day ahead.

Fellowship: Whether you're able to work a lot, a little or not at all, join your church family and friends for a free THANK YOU dinner that evening 5:00 p.m. to 7:00 p.m. in the CPC Fellowship Hall. Special Guest: Maggie Kane, *A Place at the Table* founder/director

Sign up NOW to Be The Hands. Sign-up sheets are posted in the Narthex or go online to <https://tinyurl.com/yxv1wyqm>

Be The Hands Day

Saturday, November 2

8:30 a.m. – Service of Blessing and Hymns

9:00 a.m. to 4:00 p.m. – Volunteer Service Projects (Schedule at right)

5:00 p.m. to 7:00 p.m. – FREE Fellowship Dinner!

CPC Mission: We are God's Family
through the **common bond of faith** in Jesus Christ.
In **gratitude** for God's love and grace,
and **empowered** by the Spirit, we **commit** ourselves
to **grow** in God's love, to **worship** God faithfully,
to **nurture** one another, to **share** the Gospel,
and to **help** those in need.

Be The Hands Hourly Schedule

Saturday, November 2

9:00 a.m. – 12:00 p.m. Lap Blankets Cut and sew therapeutic weighted blanket. Some sewing or scissoring skills helpful. For children with autism.

9:00 a.m. – 1:00 p.m. Brown Bag Ministry Pack/deliver lunches to downtown Raleigh (ages 14+).

9:00 a.m. – 1:00 p.m. CPC Seniors/The Caring Place Rake leaves, spread mulch and other light yardwork tasks (ages 8+).

9:00 a.m. – 1:00 p.m. CPC Families/The Caring Place Prepare meals and stock the CPC freezer with meals for future delivery. Ages 16+

9:00 a.m. – 2:00 p.m. The Caring Place Paint apartments. Paint brushes, rollers drop cloths, ladders are helpful but **NOT** required. Ages 14+

9:00 a.m. – 4:00 p.m. Wheels4Hope Inspect newly donated cars. Technical expertise NOT required Ages 18+

**9:00 a.m. – 11:30 a.m. Interact, Presbyterian Disaster Relief,
OR Welcome Baby, Raleigh Rescue Mission**

1:00 p.m. – 3:00 p.m. Duke PICU, The Caring Place

Fellowship Hall projects starting PROMPTLY at 9 a m and 1 p m.

Create, assemble and package kits and lunches.

All ages welcome; parents should accompany kids under 12.

9:30 a.m. – 1:00 p.m. OR

1:00 p.m. – 3:30 p.m. A Place at the Table

Wait and bus tables, food prep and wash dishes. Ages 12+

10:00 a.m. – 12:00 p.m. OR

1:00 p.m. – 3:00 p.m. Dorcas Ministry Food Pantry Shopping to stock the Dorcas pantry and refrigerator (funds provided by CPC/Be The Hands).

All ages welcome; parents should accompany children under 12.

10:00 a.m. – 1:00 p.m. The Green Chair Project Assemble, clean and sand donated furniture and other various tasks. Ages 13+

10:00 a.m. – 3:00 p.m. Church World Service Help transform an empty apartment into a fully furnished/stocked home for refugee family.

Ages 10+ (youth must have parental supervision).

1:00 p.m. – 3:00 p.m. Transitions LifeCare Prepare and deliver dinner to Transitions LifeCare families. Age 16+

1:30 p.m. – 3:30 p.m. The Caring Place Tie-dye pillowcases for children at The Caring Place. All ages/Great activity for families w/children!

1:30 p.m. – 4:15 p.m. Chatham Commons Retirement Center

Visit, sing, play BINGO (ages Middle School and older)

Your participation in Be The Hands! makes a difference with these groups in our community.



welcome baby.org



Cary Presbyterian
CHURCH PC(USA)

614 Griffis Street, Cary, NC 27511
(919) 467-8700
www.carypresbyterian.org