

The Season of Lent

We keep track of time and seasons of the year by using calendars that provide us opportunities to observe, commemorate, and celebrate certain events or occasions. The changing seasons of the year also provide us with recurring opportunities to celebrate the Christian Faith in worship. The Christian church, following earlier Jewish tradition, has long used the seasons of the year as an opportunity for festivals and holidays, sacred time set aside to worship God as the Lord of life.

Lent is marked by a time of prayer and preparation to celebrate Easter. Since Sundays celebrate the resurrection of Jesus, the six Sundays that occur during Lent are not counted as part of the 40 days of Lent, and are referred to as the Sundays **in** Lent. The number 40 is connected with many biblical events, but especially with the forty days Jesus spent in the wilderness preparing for His ministry by facing the temptations that could lead him to abandon his mission and calling. Christians today use this period of time for introspection, self-examination, and repentance. This season of the year is equal only to the Season of Advent in importance in the Christian year, and is part of the second major grouping of Christian festivals and sacred time that includes Holy Week, Easter, and Pentecost.

-excerpts from Dennis Bratcher

Ash
Wednesday 

The Season of Lent begins with Ash Wednesday, March 1.

ALL are invited for a simple **Soup & Salad Supper** beginning at **6:00 p.m.** in the Fellowship Hall.

Contemplative Worship in the Sanctuary will begin at **7:00 p.m.** and will include liturgy, scripture, music and the imposition of ashes, a ritual acknowledging our human mortality and God's grace filled claim upon our lives.



One Great Hour

O F S H A R I N G

A gift to One Great Hour of Sharing enables the Church to share God's love with our neighbors-in-need around the world by providing relief to those affected by natural disasters, providing food to the hungry, and helping to empower the poor and oppressed. **THIS YEAR Accept the Fish Challenge!**

Color your own Gracie the Fish box! Fill it with coins. Bring it to worship on Palm Sunday.

Honors will be given to:

- Most colorful Fish
- Most unusual Fish
- Heaviest Fish
- Most quarters Fish
- Youngest Fish contributor
- Most Senior Fish contributor

Fish boxes available in the Narthex beginning Sunday, February 26.



**PRESBYTERIAN
DISASTER ASSISTANCE**

Saturday, March 4th CPC and Westminster, Durham are joining forces for Hurricane Matthew Relief Work in Princeville/Tarboro. No experience required. Bring a smile, willingness to work and a sack lunch! Depart CPC at 7:00 a.m and return early evening. Contact Sally Goettel at sally.goettel@gmail.com; 919-454-3379



Coffee Fellowship

Enjoy COFFEE FELLOWSHIP in the NARTHEX
during the six Sundays in Lent.

Extend hospitality and connection while enjoying a cup of coffee
after worship each Sunday in Lent. Stephen Ministers,
the Visitor/New Member Team and the Fair Trade Coffee Ministry
are graciously providing this opportunity



Pick up your *Lent in a Bag* in the Narthex beginning March 5.
Choose one night each week in Lent, and invite others to gather
around to discuss the weekly symbol (provided) as a starting point for
conversation. Join as friends, couples, families...but join this journey.

Illustrated Stations of the Cross

In the CPC Library daily beginning March 5

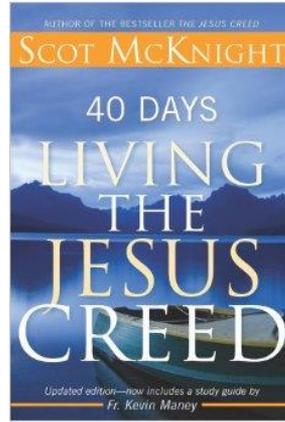
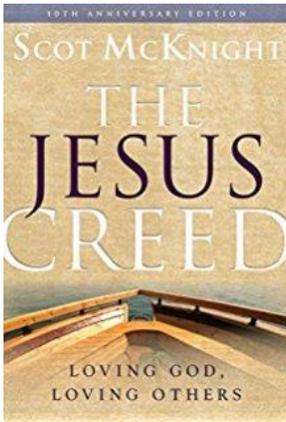


Coloring posters from Illustrated Children's Ministry will take you on a journey following the footsteps of Christ, and will immerse you in the biblical account of the last hours and days of Jesus' life

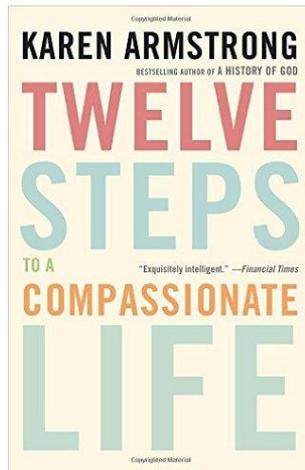
These posters were created with children in mind - however, it is our experience that communities that use our coloring posters inevitably have the most meaningful experiences when children, youth, parents, families and friends gather intergenerationally to create art together.

Two posters will be in the CPC library at all times. As they are finished, they will be hung and two more posters will be provided to color. Ideally, all posters will be colored and hung by Holy Week. Come any time to color and journey!

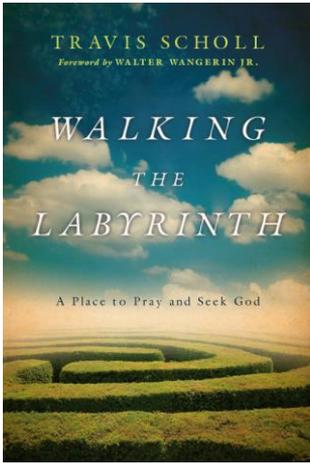
See pictures and read more at illustratedchildrensministry.com



The Christ, Coffee, Conversation Class will be studying *The Jesus Creed* accompanied by *40 Days of Living the Jesus Creed* during Lent. This class is one of our regular adult education Sunday School classes, meeting at 9:45 in Room 100.



Moving Toward Compassion – Tuesday evenings 7:30-9 – CPC Parlor
Beginning March 7, this five-week Lenten Study is based on Karen Armstrong's book "Twelve Steps to a Compassionate Life." Reading the book is helpful but not necessary. Led by Rev. David Voss and Elder Jerry Slaymaker, the study will include general discussion and small group conversation plus a weekly challenge for participants. This seems an important topic for our times. We look forward to seeing you and helping us all move toward a more compassionate life.



One day author and theologian Travis Scholl discovered a labyrinth in his neighborhood. As he began to walk it, he found this ancient practice offered a much-needed path away from life's demands, allowing him to encounter God in quiet solitude. In this meditative guide, Travis Scholl takes readers on a journey. Scholl weaves his own journey through a labyrinth with the Gospel of Mark's telling of the twists and turns of Jesus' life, providing 40 reflections ideal for daily reading during Lent or any time of the year.

Walking the Labyrinth, a daytime Lenten study tracing the path toward Jerusalem with the Gospel of Mark's twists and turns of Jesus' life will be led by Medora Hix. The study will be offered Wednesdays at 11:30 a.m. in Room 102, March 8th through the rest of Lent. One session will include the use of our own labyrinth.



CPC is blessed with a beautiful outdoor labyrinth that can be walked any time there is need for spiritual centering, contemplation, stillness. The labyrinth is located off the lower parking lot.



The Spiritual Practices Ministry Team will offer A Quiet Day in Lent on Saturday, March 11, 2017 from 9:00am to 12:00pm.

Creative activities with a Lenten focus, Lenten prayers/readings and the indoor labyrinth will be available for expression, reflection and contemplation. Come join the Spiritual Practices Ministry team as we explore and experience God's all abiding love and presence in our lives during this sacred Lenten season.

In the CPC Library/Parlor/Fellowship Hall. Please contact Jeanne Bolick, Diane Garber or Becky Hambrick with questions.



Saturday, April 1 First Annual Glenaire Walk-Run-Roll
Benefitting Presbyterian Homes Foundation
G5K beginning at 9 a.m.; 1 mile fun run/walk at 9:10 a.m.
A CPC Team is being formed!
Contact Kyle Allen for more information or glenaire5k.org